

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>10:45 Resident Floor Meeting 1 with treats 2:15 What am I? Discussion Group (Horseshoes to be deleted prior to print) 3:15 Walks and Talks 3:45 Documentary: What is May Day?</p> <p>May Day</p>	<p>10:30 Morning Stretches' 2 10:45 Seated Exercises 11:00 Poetry Club</p> <p><b>2:30 Movie Matinee Downstairs</b></p> <p>4:15 Creative Art</p>	<p>10:30 Daily Chronicles 3 10:45 Spiritual Hour/TV Mass 2:15 Let's make Nachos! 3:00 Documentary: History of Mexico</p>	
 <p>Cines del Mayo</p>	<p>10:30 Morning Stretches' 6 10:45 Quality Time 11:15 Music Therapy with Sarah &amp; Josh</p> <p>2:15 Book Club: SIGNS 3:15 Walks &amp; Talks 4:15 Creative Art</p>	<p>10:30 Daily Chronicles 7 10:45 Morning Stretches' 11:00 Nail Painting</p> <p>2:15 Pictionary 3:15 The Crown: Season 3 4:15 Creative Time</p>	<p>10:30 Daily Chronicles 8 10:45 Penguin Town ( Last episode in our series)</p>	<p>10:30 Morning Stretches' 9 10:45 Seated Chair exercise 11:00 Walks &amp; Talks</p> <p><b>2:30 BIG Games!</b></p> <p>4:00 Creative Time</p>	<p>10:30 Morning Stretches' 10 10:45 Spiritual Hour/TV Mass 2:15 Sunshine Therapy in the Garden 4:15 Mind Joggers</p>	
 <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10:30 Morning Stretches' 13 10:45 Seated Chair exercise 11:00 Quality Time</p> <p>2:15 Book Club: SIGNS 3:15 Walks &amp; Talks 4:15 Creative Time</p>	<p>10:30 Daily Chronicles 14 10:45 Morning Stretches' 11:00 Walks and Talks</p> <p><b>2:30-3:30 Mothers Day Celebration with Emilio</b></p> <p>4:00 Creative Time</p>	<p>10:30 Morning Stretches' 15 10:45 Discussion group: Tails to Tickets; Drive In Movie Theaters</p> <p>2:15 Pictionary <b>3:00 Mass in Chapel</b></p>	<p>10:30 Daily Chronicles 16 10:45 Morning Stretches' 11:00 Pass the questions</p> <p>2:15 What am I? Discussion Group ( Croquet tbd prior print) 3:15 TED TALKS for Seniors 4:15 Quality Time</p>	<p>10:30 Morning Stretches' 17 10:45 Seated Chair Exercises 11:00 Chair Dance Party!</p> <p>2:15 Documentary: WWI 3:15 Spiritual Hour/TV Mass 4:15 Creative Time</p>	 <p>Armed Forces Day</p>
	<p>Victoria Day (Canada)</p>	<p>10:30 Morning Stretches' 21 10:45 <b>Mother Maggie: Christian Service</b></p> <p>2:15 Ball Bounce Game 3:15 The Crown Season 4 4:15 Creative Time</p>	<p>10:30 Morning Stretches' 22 10:45 Water Painting 11:00 Quality Time</p> <p>2:15 BINGO! 3:15 Water Painting 4:15 Walks and Talks</p>	<p>10:30 Morning Stretches' 23 10:45 Daily Chronicles 11:00 French Class</p> <p><b>2:30 Movie and Popcorn! Indiana Jones 3</b></p>	<p>10:30 Morning Stretches' 24 10:45 Seated Chair Exercises 11:00 Chair Dance Party!</p> <p><b>2:00 Resident Council Meeting. Downstairs</b></p> <p>3:15 Spiritual Hour/TV Mass</p>	
	<p>10:30 Morning Stretches' 27 10:45 Daily Chronicles 11:00 Nail painting</p> <p><b>2:30 Resident May Birthday Party with musical Guest!</b></p> <p>4:15 Creative Time</p> <p>Memorial Day</p>	<p>10:30 Morning Stretches' 28 10:45 Seated Chair Exercise 11:00 Chair Dance Party!</p> <p>2:15 Pictionary 3:15 The Crown Season 4 4:15 Walks &amp; Talks</p>	<p>10:30 Morning Stretches' 29 10:45 Water Painting 11:00 French Class</p> <p>2:15 Puzzles 3:15 Mind Joggers 4:15 Walks and Talks</p>	<p>10:30 Morning Stretches' 30 10:45 Daily Chronicles 11:00 Poetry Club</p> <p><b>2:30 SUPER BINGO!</b></p> <p>4:00 Walks &amp; Talks</p>	<p>10:30 Morning Stretches' 31 10:45 Seated Chair Exercises 11:00 Chair Dance Party!</p> <p>2:15 Documentary: WWII 3:15 Spiritual Hour/TV Mass 4:15 Quality Time</p>	<p>1. Walks and Talks will be outside weather pending 2. All underlined activities will take place downstairs in Main Room</p> 

Times and programs are subject to change pending staff and resident needs. L.E.A Seija ( sounds like Sayeah) sspence@kensingtonhealth.org