

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

Programs are subject to change due to resident and staffing needs. For more information, please contact LEA Seyed at shajiseyedi@kensingtonhealth.org

			<p>10:30 Exercise & Stretching (TV room)</p> <p>11:15 Bible audio reading (Seyed)(Activity Room)</p> <p>2:30 Puzzle time with Seyed(Activity room)</p> <p>May Day</p>	<p>2 10:45 St.Edward's Church Toronto (YouTube) (Activity Room)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Art and Crafts (Activity room (Seyed)</p> <p>4:30 Walking Exercise (Seyed)</p>	<p>3 10:30 Garden Time with fresh air (Court yard) (Seyed)</p> <p>1:00 Exercise (TV Room)</p> <p>2:30 Movie with snacks (Seyed) (Activity Room)</p>	<p>4</p>
<p>Cinco de Mayo</p>	<p>5 10:45 Garden with Classical Songs (Activity Room) (Seyed)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Coloring (Activity Room) (Seyed)</p> <p>4:30 Walking Exercise (Seyed)</p>	<p>6 10:45 Group Conversation with Hot Chocolate (Activity Room) (Seyed)</p> <p>1:00 Exercise (Tv Room)</p> <p>2:30 Coloring (Activity Room) (Seyed)</p>	<p>7 10:30 Exercise & Stretching (TV ROOM)</p> <p>11:15 Group Music Therapy (Josh & Sarah) (Tv Room)</p> <p>2:30 Snoezelen time with Seyed (Activity room)</p>	<p>8 10:45 St.Edward's Church Toronto (YouTube) (Activity Room)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Art and Crafts (Activity room (Seyed)</p> <p>4:30 Walking Exercise (Seyed)</p>	<p>9 10:30 Garden Time with fresh air (Court yard)(Seyed)</p> <p>1:00 Exercise (TV Room)</p> <p>2:00 Mother's day Tea(MPR)</p> <p>3:30 Movie with snacks (Seyed) (Activity Room)</p>	<p>11</p>
<p>Mother's Day National Skilled Nursing Care Week</p>	<p>12 10:45 Garden with Classical Songs (Activity Room) (Seyed)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Coloring (Activity Room) (Seyed)</p> <p>4:30 Balloon Toss (Seyed)</p>	<p>13 10:45 Group Conversation with Hot Chocolate (Activity Room) (Seyed)</p> <p>1:00 Exercise (Tv Room)</p> <p>2:30 Ball Toss(Activity room) (Seyed)</p>	<p>14 10:30 Exercise & Stretching (TV room)</p> <p>11:15 Bible audio reading (Seyed)(Activity Room)</p> <p>2:00 Mass Chapel (MPR)</p>	<p>15 10:45 St.Edward's Church Toronto (YouTube) (Activity Room)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Art and Crafts (Activity room (Seyed)</p> <p>4:30 Walking Exercise (Seyed)</p>	<p>16 10:30 Garden Time with fresh air (Court yard)(Seyed)</p> <p>1:00 Exercise (TV Room)</p> <p>2:30 Movie with snacks (Seyed) (Activity Room)</p>	<p>17 18</p>
<p>Victoria Day (Canada)</p>	<p>19 Happy Victoria Day</p>	<p>20 10:45 Group Conversation with Hot Chocolate (Activity Room) (Seyed)</p> <p>1:00 Exercise (Tv Room)</p> <p>2:30 Emilio in the NMPR</p>	<p>21 10:30 Exercise Stretching (TV ROOM)</p> <p>11:15 Group Music Therapy (Josh & Sarah) (Tv Room)</p> <p>2:30 Snoezelen time with Seyed (Activity room)</p>	<p>22 11:15 Christian Service with Mother Maggie (MPR)</p> <p>1:00 Exercise (TV room)</p> <p>2:00 Resident Council (MPR)</p> <p>4:30 Walking Exercise (Seyed)</p>	<p>23 10:30 Garden Time with fresh air (Court yard)(Seyed)</p> <p>1:00 Exercise (TV Room)</p> <p>2:30 Movie with snacks (Seyed) (Activity Room)</p>	<p>24 25</p>
<p>Memorial Day</p>	<p>26 10:45 Garden with Classical Songs (Activity Room) (Seyed)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Coloring (Activity Room) (Seyed)</p> <p>4:30 Balloon Toss (Seyed)</p>	<p>27 10:45 Group Conversation with Hot Chocolate (Activity Room) (Seyed)</p> <p>1:00 Exercise (Tv Room)</p> <p>2:30 Birthday Party with Fortunato (MPR)</p>	<p>28 10:30 Exercise & Stretching (TV room)</p> <p>11:15 Bible audio reading (Seyed)(Activity Room)</p> <p>2:30 Puzzle time with Seyed(Activity room)</p>	<p>29 10:45 St.Edward's Church Toronto (YouTube) (Activity Room)</p> <p>1:00 Exercise (TV room)</p> <p>2:30 Ice Cream Social Outside in the garden if nice weather</p>	<p>30 10:30 Garden Time with fresh air (Court yard)(Seyed)</p> <p>1:00 Exercise (TV Room)</p> <p>2:30 Movie with snacks (Seyed) (Activity Room)</p>	<p>31</p>

