

KENSINGTON EYE INSTITUTE: PRE-OPERATIVE PATIENT INSTRUCTIONS

to be filled out by care team

SURGERY DATE: _____

*ARRIVAL TIME: _____ SURGERY TIME: _____

Please note that the building opens at 6:30 a.m.

Hours: Monday to Friday, 7 a.m. - 4 p.m.

***PLEASE CONTACT YOUR SURGEON'S OFFICE TO CONFIRM YOUR ARRIVAL AND SURGERY TIME. FOR SURGEON CONTACT LIST, VISIT:
www.kensingtonhealth.org/eye-surgery/about-us/surgeons**

***PLEASE CONFIRM YOUR PRE-AND POST-OPERATIVE EYE DROPS WITH YOUR SURGEON.**

FOOD & DRINK



- Please **do not** consume solid foods or have anything to drink **after midnight**. You may have water, black tea or coffee only, **three hours before arrival time** (no milk, sugar or artificial sweeteners).
- Please **do not** consume soup or broth of any kind.
- Please **do not** chew gum (this includes sugar-free gum) or consume candies, mints or cough drops.

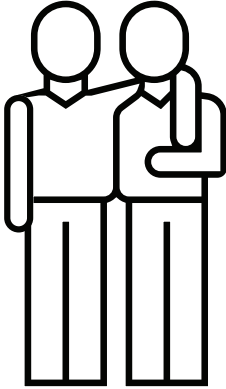
MEDICATION INSTRUCTIONS



- Take your morning medication (**but do not take diabetic pills**) with clear fluids three hours before coming to the clinic.
- Please **do not take insulin on the morning of your surgery**, but bring your insulin with you to the clinic.
- **Please bring all of your prescription medication with you**, in their original bottles.

***IF YOU DO NOT FOLLOW THESE INSTRUCTIONS, YOUR SURGERY MAY BE CANCELLED.**

IMPORTANT REMINDERS



- Please arrange for someone to pick you up from your procedure. Advise your pickup to come to the 6th floor to collect you. Please note: Taxi services or wheel trans are not considered accompaniment home and you will not be released.
- If necessary, **bring one person** with you to act as a **translator**. The translator will need to stay with you until you are discharged from surgery. They will also accompany you home.
- If you don't expect to be picked up until later, please provide us with the name and telephone number of the person picking you up.

PREPARING FOR YOUR APPOINTMENT

- Bring your OHIP (health) card to every visit.
- Wear loose fitting clothing that opens in the front.
- Please do not wear multiple layers of clothing, full slippers or dresses.
- Please do not wear eye makeup, perfume or cologne.
- Unexpected complications and cancellations on the day of surgery may delay or advance your surgery time.
- It is not advisable to book any other appointments on the day of surgery.

PARKING

- Free 1-hour parking is available on Brunswick Ave. and Major St.
- Paid parking is available through IMPARK on 340 College St., accessed via Brunswick Ave.
- Visit www.kensingtonhealth.org/contact-us to view daily parking rates.
- You can pay for parking with a credit card or coins. To register your vehicle, enter your license plate number at the pay station, and take the ticket with you.