



Expanding  
Access

to  
Community  
Care

# Who we are

The Kensington Health Foundation supports the mission, programs and services of the Kensington Health Centre, which includes Kensington Gardens (350-bed long-term and palliative care); Kensington Hospice (19-bed end-of-life care); Kensington Eye Institute (eye surgery); Kensington Vision and Research Centre (ophthalmology); Kensington Diagnostic Imaging Centre (x-ray, ultrasound, mammography and bone mineral density); Kensington Screening Clinic (colonoscopy, endoscopy and infusion treatments); The Eye Bank of Canada (eye tissue processing for transplants); and Second Mile Club (community care).

## Our Mandate

We provide financial support to Kensington Health to cover the operational costs of services beyond government funding, including capital and urgent needs.

## Our Model

Foundation revenue comes from three primary sources: fundraising programs and initiatives, rental income from 340 College Street, and the Foundation’s investment fund.

## Our Commitment Now and for the Future

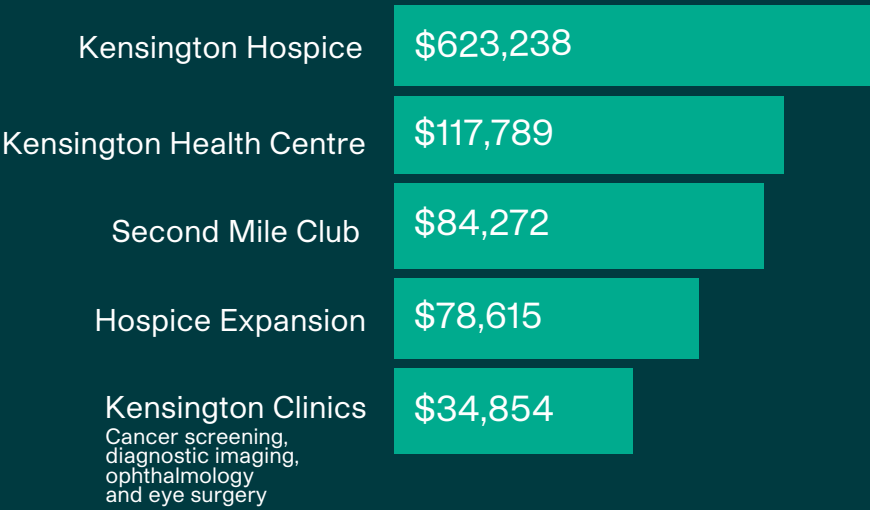
The Foundation maintains reserve funds ensuring assets without donor restriction are available in the event of an unforeseen shortfall, or for one-time investments that help build long-term capacity at Kensington Health. Revenues generated from these funds are allocated to Kensington Health for strategic priorities, like our Hospice Expansion; annual operating grants for programming that is underfunded by the Ministry of Health and Long-Term care, like Hospice operations; and one-time grants for capital improvements and debt financing for other service areas, including Kensington Gardens.

## 2022-2023

### Community Engagement



### Grants & Donation Funding



# A Message from our Board Chair & CEO



These days, limits and restrictions come fast and furious and feel far more familiar than increase and growth. This is why it's been an extraordinary year at Kensington Health.

With the official opening of the expanded Kensington Hospice, we increased beds from 10 to 19 and extended programming to deliver more equitable and accessible palliative care to those experiencing structural vulnerabilities, like homelessness, poverty and mental illness. The approach made for a meaningful shift from intake to outreach, allowing us to meet multiple complex care needs.

We increased capacity in other ways too, helping to support the backlog of Ontario's cataracts procedures by building a new operating room for an additional 3,000 vision-restoring surgeries. That gave hospitals more space for emergency and acute needs, creating access within the system.

Supporting these and so many other initiatives is Kensington Health Foundation's *raison d'être*. Hardly alone in the endeavour, we're driven by you, our donors.

With your support, \$939K was granted, allocated and donated to Kensington Health this year. And together with community support from the Ministry of Health, our remarkable donors, supporters and health partners, \$11M was raised for the Kensington Hospice Expansion. Your shared commitment and contribution to all these projects ensures that care stays local and is more accessible to our community.

With gratitude for your shared vision and compassionate commitment,

Trudy Fahie, Chair

Corinne Rusch-Drutz, PhD, CEO

## With Thanks to Marie Rounding, Chair Emerita

After a remarkable 38 years with the Foundation, Marie Rounding stepped down as Board Chair.

Under Marie's leadership – which dates back to the Doctors Hospital - Kensington grew from one long term care home to two, built two hospices, and opened multiple clinics that now see over 50,000 people get care on the Kensington campus annually.

A champion of community care and fierce advocate for accessible not-for-profit care, Marie has been truly foundational to Kensington Health!





# Expanding Access to Community Care

Kensington Health is entirely **not-for-profit** and **community-based**

## Kensington Hospice

With the opening of the expansion, Kensington Hospice now has 19 beds, new clinical and community spaces, and an extended suite of palliative care programs as part of the Community Day Hospice. This makes Kensington Hospice the single largest residential hospice in the GTA, and one of the largest in the country, expanding our capacity to provide care to those at end-of-life.



*Kensington Hospice has been an incredible blessing to my family. I lost my father to cancer. During his time at the hospice he was well taken care of. He was able to live out his final days in peace. I can't thank the staff at Kensington Hospice enough for their patience, kindness and positivity. God bless you all. - Hannah F.*

## Second Mile Club (SMC)

SMC has been providing community support services to the City of Toronto for over 80 years. By helping participants maximize their ability to live independently, SMC alleviates social isolation among older adults and those with disabilities through active living, caregiver support, community day hospice care, and individual case management. Over 600 people saw quality of life improvements, helping them to feel more connected to their communities and avoid or delay hospitalization or institutional care.



**Case Management** – Social workers support 200+ adults with disabilities and seniors living in the community



**Caregiver Support Program** - Helps 118 caregivers virtually and in person



**Senior Active Living Centres** - Supports 300+ seniors with 284 activities that decrease loneliness and increase socialization



**Day Hospice Program** – Assists individuals with life-limiting illness to live independently

*I am a member for 8 years. Second Mile is a place for seniors and older adults, and there is so much to do. So many activities that enrich my life. This place is my second home. I wouldn't give it up for the world. - Stella L.*

## Kensington Gardens

More than just a home. Together with caregivers, families, staff and volunteers, our residents are part of a vibrant and inclusive community that makes Kensington Gardens one of the most sought-after long-term care homes in Ontario. We provide a welcoming environment integrating exceptional clinical care with a suite of social supports and life-enhancement programming for those who call the Gardens their home.

*My mom has been a resident with severe dementia for a year. I am so grateful she was placed here. I have often seen the staff show her genuine affection. And now, after living with her day-to-day, they can understand her moods and needs much better than I. She no longer speaks words, but they understand her anyway. She has put on weight and is eating much better too. Thank you so much! -Doris T.*



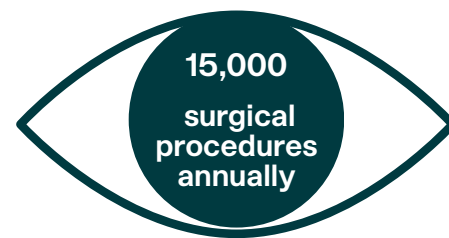
Multi-faith  
programming

Over 30  
languages  
spoken



## Kensington Eye Institute (KEI)

Kensington's eye surgery centre performs cataract, glaucoma and retina surgeries, along with corneal transplants. Through partnerships with the University of Toronto's Department of Ophthalmology and Vision Sciences in the Faculty of Medicine, and the Toronto Academic Health Science Network, KEI plays a key role in training the next generation of ophthalmologists. It is globally recognized as a patient-centred, outcomes-based centre of excellence.



## Kensington Vision and Research Centre (KVRC)

KVRC's accessible community clinic offers eye examinations, diagnostic testing, and minor procedures, along with therapeutic lenses and urgent eye care. It acts as the critical research arm of the Kensington Research Institute by advancing patient care in ophthalmology.



**53,000+**  
patients per year

## Kensington Research Institute (KRI)

KRI pursues new discoveries leading to advancement in diagnosis, clinical practice and education. Through investigator-initiated research studies, KRI works with clinician-scientists, students, and patient-volunteers to conduct clinical trials in partnership with industry sponsors and academic healthcare institutes.



**55** active research studies  
**5** clinical trials

## The Eye Bank of Canada

Many patients with urgent eye care needs rely on donated tissue to see again. The Eye Bank of Canada (Ontario) receives, processes, and distributes donated tissue for sight-saving transplants, research and education.



**Largest eye bank in Canada**

**3,536** donated tissues last year  
**1,392** transplanted corneas

## Kensington Screening Clinic (KSC)

KSC provides access to life-saving medical screening in a comfortable, community setting. From colonoscopy to gastroscopy to infusion therapy, KSC is working to solve Ontario's clinical backlogs. Through affiliation with the University Health Network and Unity Health, KSC reduces hospital wait times with accessible endoscopy and infusion. Access to early screening and detection of diseases like cancer saves lives.

**5,862**  
endoscopy  
visits last year



**1,986**  
infusion  
visits last year



# Fundraising Programs

Thank you to our 14 corporate partners, 200+ participants, 50+ volunteers, and 1900+ donors who are foundational to expanding access to Kensington's community care.

## Kensington Hike x 2



\$215K

The 12th and 13th annual Kensington Hikes raised a total of \$215K. Our May event was the most successful Hike in our 13-year history, raising \$128K!

## Seasonal Giving

Thanks to more than 500 donors, including one from an anonymous match, our seasonal fundraising campaigns raised \$113K for more access to community care.



\$113K

## Tribute Giving



\$159K

131 loved ones in the Kensington Health community were recognized with meaningful tributes made in their honour.

## DIY



\$13K

To build momentum for Kensington Hospice, Peter and Marlene Tabaczuk cycled across Canada in memory of their son Christian. Rubber hit the road on their 7,600 km journey, and raised more than just funds, but also a lot of media coverage for hospice care.



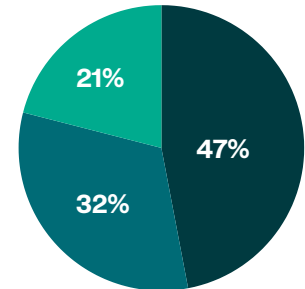
Our third-annual collaboration with Hooked Danforth brought our three-year fundraising total to nearly \$27K.

# 2022-2023 Summary Statement of Revenue & Expense

| Year ended on June 30                                       | 2023         | 2022         |
|---|--------------|--------------|
| Revenue   |              |              |
| Donations and legacy giving                                 | \$1,365,246  | \$2,314,458  |
| Investment and rental income                                | 5,189,301    | 1,337,765    |
|   | 6,554,457    | 3,652,223    |
| Operating expenses  | 1,536,235    | 1,541,385    |
| Excess of revenue over expenses before grants and donations | 5,018,312    | 2,110,838    |
| Deduct grants and donations paid or payable                 | 938,768      | 4,621,779    |
| Excess (deficiency) of revenue over expenses for the year   | 4,079,544    | (2,510,941)  |
| Net asset balance, beginning of the year                    | 43,489,119   | 46,000,060   |
| Net asset balance, end of year                              | \$47,568,663 | \$43,489,119 |

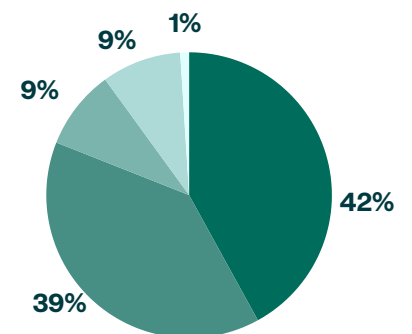
For a full list of Kensington Health Foundation donors and the complete audited financial statements, visit [kensingtonhealth.org/foundation/yourimpact](https://kensingtonhealth.org/foundation/yourimpact)

## Revenue Sources



Investments (47%)  
Rental income (31%)  
Donations & legacy giving (21%)

## Use of Funds



Salaries & benefits (42%)  
Grants & donation funding (39%)  
Fundraising expenses (9%)  
Operating expenses (9%)  
Professional fees (1%)

## Kensington Health Foundation

### Board of Directors

|  |   |
|--|---|
| Trudy Fahie<br>Chair   | Joel Pearlman                                   |
| Douglas Anderson<br>Vice Chair; Chair – Finance, Audit, Investment & Real Estate Committee | Hasan Rahim                                     |
| David Brill  | Shahrshad Rajabzadeh                            |
| Karim Karsan<br>Chair – Hospice Expansion Capital Campaign                                 | Marie C. Rounding                               |
| Maya Khanna Le Roy   | Catherine Smith                                 |
| Ravi Nagraj<br>Co-Chair – Advancement Committee  | Matteo Tino<br>Co-Chair – Advancement Committee |
|  | Michael Varenbut                                |

### Staff

|  |
|--|
| Corinne Rusch-Drutz<br>Chief Executive Officer         |
| Lori Link<br>Chief Financial Officer                   |
| Paola Philip<br>Director of Philanthropy               |
| Sophie Vayro<br>Director, Governance & Donor Relations |



# Gratitude and Growth

## A heartfelt thank you



### Grand Opening of Kensington Hospice Expansion Lauded by Ontario Premier and Health Minister

In February 2020, we set out on an ambitious journey to expand Kensington Hospice in order to meet a growing need for end-of-life care. We knew our generous community would be at the heart of the project – as they had been when we first opened Kensington Hospice at 38 Major in 2011 – but we had no idea how vital their role would be.

Before shovels could hit the ground, the first wave of COVID-19 hit, igniting a massive healthcare crisis that took the hardest toll on community and long-term care. The pandemic delayed the project, which caused multiple hurdles, and there were times we weren't sure that it would be finished with the available resources. But our community of supporters, together with the Ministry of Health, Kensington Hospice families and our health care system partners helped us reach an incredible \$11M!

A heartwarming celebration on May 23rd brought our community together to toast this collective achievement. Premier Doug Ford, Minister of Health Sylvia Jones, and MPP Robin Martin joined us as we cut the ribbon to open the expansion.

Our deepest thanks to all who made the expansion at 45 Brunswick and the renovation of 38 Major Street a reality. Your unwavering support has truly opened the door to impactful community care!

**We couldn't do it without you!**

**Driven by the shared belief that care should be local and accessible, community efforts helped Kensington achieve our expansion vision, raising \$11M and continuing a legacy of support.**